

No Tests  
Or Grades

**SENIOR COLLEGE**  
**STUDY GROUPS – February 16 – March 26, 2010**

Lifelong  
Learning

Descriptions of the study groups are listed below. Study Groups will be held at Southwest Minnesota State University, Marshall, MN. **Select one to four** study groups for the \$90.00 fee. **Register by January 26, 2010. Note carefully the starting date, time and location for each study group.** Classes are limited in number; priority is given to early registrations. Please list your study group choices on the Senior College Registration Form. You will receive your final list of study groups at the Kick Off.

Study Groups are planned for six weeks unless otherwise stated. If cancellations are necessary, the study group will meet the week after March 26, 2010. Therefore, if possible, keep your schedule open for that possibility. Cancellations: If SMSU cancels classes, Senior College will also be canceled.

Attend the Kick-Off on Thursday, February 4, 2010 where you will:

1. Receive final details for your study groups.
2. Be introduced to your study group leaders.
3. Receive your parking permits.
4. Find the location of your study groups.

**Monday - No classes**

**Tuesday**

**Chemistry: Glass, Minerals and Collections**

**9:00-11:00 SS 235**

This course will feature an interesting range of content from collections to chemistry, based on Ed's background. Remarkable experiences in Russia, unusual Russian art, glass and glassblowing and a few other things: beauty of minerals, everyday household chemicals and symmetry in nature.

**Ed Carberry, SMSU Emeritus, Professor of Chemistry**

**Mystery Writers**

**11:30-1:30 SS 235**

Everyone loves a mystery ... in any form! Explore and enjoy the anatomy and history of the mystery story from Poe to CSI. American and British mystery fiction will be featured in various media. Book will be approximately \$18.

**C. Paul Martin, M.D., B.S.I., Mystery and Crime Fiction Reader, Forensic Scientist**

**Native American Culture**

**2:00-4:00 SS 235**

This course will include a survey of American Indians throughout the United States; historically and present day. Included will be reflections on oral traditions, art, music, and contributions to Western Society. The emphasis will be on Siouan Society.

**John Knife Sterner & Michele Knife Sterner, Members of the Rosebud Sicangu Tribe**

**Wednesday**

**Law Enforcement**

**8:30-10:20 SS 235**

This is an informative Law Enforcement Course presented by regional law enforcement personnel. The agencies include local police, sheriff's department, Minnesota highway patrol and others. This is a popular course returning with current information. There will be time for questions & answers.

**Gerald Sletten and Al Bendel, Coordinators**

**Health, Wellness & Diet**

**10:30-12:20 PE 223**

This course will include exercise and provide the student with knowledge to achieve an increased level of physical fitness and wellness. Students will be given the opportunity to objectively assess their own physical fitness and nutrition levels. Discussion topics include myths associated with exercise, weight loss and wellness.

**Judy Pitzl, Assistant Professor of Wellness & Human Performance**

**Globalization: People and Competition - Part 2**

**12:45-2:45 BA 102**

This is a second class about globalization, the growing interdependence of the economies of different countries, and its effect on individuals around the world. This is not a repeat; the course will feature relevant and up-to-date DVD viewings and a significant amount of class discussion.

**Elina Ibrayeva, SMSU Professor of Business Administration**

**Drawing: New and Experienced**

**3:00-5:00 BA 133**

Did you just say "I can't draw a straight line"? There are very few straight lines in the world. This class will help to develop your potential in drawing by learning to look and really see. The first lesson will start with basic perspectives. Lessons will gradually become more challenging as you gain confidence in your drawing skills. Supply list will be available at the Kick-Off.

**Sue Mitzner, Instructor**

## Thursday

### **World War II**

**9:00-11:00 SS 235**

There are “tidewater” events in history and World War II certainly is one of them. Join us as we search for answers about the war that had such a huge influence on us, our parents and our grandparents. NO TESTS! NO REQUIRED READINGS! Come learn together.

**Lloyd Petersen, SMSU Emeritus, Professor of Education**

### **Senior Challenges**

**11:30-1:20 SS 235**

Everyone wants to make good choices as they move through the challenges of aging. Here is your chance to hear from and interact with people who can help you handle the changes dealing with chronic disease, nutrition, disease costs, home security and end of life issues. Come with your questions and leave with your answers!

**Shirley Anderson, Extension Educator/Professor**

### **Computer Basics Expanded**

**11:30-1:20 CH 126**

This class will explore the tricks and enhancements (such as e-mail attachments, sending pictures, saving to a CD, etc.) for Microsoft Word, Excel, and Power Point programs of the 2007 Office Suite. As time allows, the class will include Internet Exploration for clip art and search tips for items requested by the class such as map quest, booking tips, recipe finder and more. Basic computer skills are required.

**Beth Westra, Instructor**

### **Scaling the Universe**

**1:30-3:30 SM 109**

This course will take you on a journey through time and space to explore the vastness of the cosmos. Through the use of the SMSU’s newly-remodeled planetarium, we’ll journey and explore what the universe consists of. We will also become familiar with the night sky as seen from Southwestern Minnesota.

**Ken Murphy, SMSU Professor of Physics**

## Friday

### **Gardening: Its Ways, Shapes and Forms**

**9:30-11:30 SS 235**

This class is for the beginning and experienced gardeners. Learn about many of the options for gardening in the 21<sup>st</sup> century, including updated information and techniques. Topics will include flowers, vegetables, landscaping, design alternatives, maintenance techniques, environmental benefits, and ways gardens can add to anyone’s quality of life. Think ahead to spring by enjoying six weeks of garden information, activities and guest presenters.

**Jim Muchlinski, Coordinator**

### **Middle East**

**12:15-2:15 SS 235**

A fresh look at Afghanistan and Pakistan. Daily news brings us closer to two Muslim countries that appear to be torn apart by terrorism and conflict. The places seem so remote, but still affect our nation’s choices. The group leader has been a visitor in these two countries, and is a frequent presenter on the history and anthropology of the Middle East and Islam.

**Don Swanjord, Instructor**

### **Music: I Have Had Singing!**

**2:30-4:30 CH 217**

Be it Luciano Pavrotti, Ella Fitzgerald or Frank Sinatra, singers of all stripes have touched the hearts and minds of listeners for generations. This class will be an overview of singers and singing. Perhaps you’re curious about how the voice actually works? Or maybe you’d enjoy two hours, once a week, of listening to some singing.

**Russ Svenningsen, SMSU Professor of Music**

**For more information:** Contact Betty Roers at 507-537-7363 or e-mail: [betty.roers@smsu.edu](mailto:betty.roers@smsu.edu) or check out the Senior College website at: <http://www.smsu.edu/Academics/SeniorCollege/Index.cfm>

**We thank our Senior College sponsors: Southwest Minnesota State University, and United Way of Southwest Minnesota.**