

CORE CURRICULUM:

LIBERAL ARTS CURRICULUM, MINNESOTA TRANSFER CURRICULUM, RURAL STUDIES REQUIREMENTS, AND ADDITIONAL GRADUATION REQUIREMENTS

THE SMSU CORE CURRICULUM

Goals for these Curricular Requirements

Students seeking a degree from Southwest Minnesota State University must complete the Liberal Arts Curriculum (LAC), the Minnesota Transfer Curriculum (MTC), Rural Studies, and Additional Graduation Requirements. These curricula offer students the opportunity to obtain a sound general education in fundamental areas of human knowledge. When empowered with the knowledge in these curricula, students can understand, appreciate, and more effectively participate in the affairs of the community, nation, and the world.

Credit Requirements by Major Area of Study

Liberal Arts Curriculum (LAC)

Major Area of Study	Parts	Total Credits
Communication Skills	(a)= 6 cr./ (b)=3 cr.	9
Mathematical/ Logical Reasoning		3
Social Sciences	(a)=3 cr./ (b)=9 cr.	12
Humanities and Fine Arts	(a)=6 cr./ (b)=6 cr.	12
Sciences	(a)=4 cr./ (b)=4 cr.	8

SUBTOTAL 44

Minnesota Transfer Curriculum (MTC)*

Critical Thinking (T)	0 or 3
Human Diversity (D)	0 or 3
Global Perspective (G)	0 or 3
Civic and Ethical Responsibility (C)	0 or 3
People and the Environment (E)	0 or 3

Rural Studies Requirement*

Rural Studies (R)	0 or 3
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Additional Graduation Requirements*

Regional Studies (S)	0 or 3
Health and Wellness (W)	3
Major Capstone Course (M)	0, or 1 to 3

TOTAL CREDITS FOR LAC, MTC, R, S, W, and M Requirements (with “double counting”) 47

*Requirements in the Minnesota Transfer Curriculum (MTC), Rural Studies (R), and Regional Studies (S) can be satisfied by selecting courses that “double count” in the LAC and in one of the MTC, R, or S areas of study. If a Major Capstone Course (M) is already required within a student’s major, then that course also “double counts” to meet the graduation requirement for a capstone educational experience. The

requirements in an MTC, R, or S area of study can also be met, if a course that “double counts” is taken as part of a student’s major.

Suggested Guidelines for the Successful Completion of the LAC, MTC, Rural Studies, and Associated Graduation Requirements

- The minimum number of course credits required to complete the LAC at SMSU is 44 semester credits.
- The MTC at SMSU can be completed with no additional credits, because many courses required for the LAC also “double count” in an MTC category.
- In addition to the LAC and the MTC, there are nine credits of graduation requirements. “Double counting” can occur with six of these nine credits of graduation requirements. The remaining three credits are satisfied by taking approved courses in Wellness and Human Performance.
- A student can satisfy the graduation requirements, the LAC requirements, and the MTC requirements in a minimum of 47 credits, if opportunities for “double counting” are fully utilized.
- Rules for “Double Counting” of Course Credits:
 - If a course satisfies an LAC requirement, and if that course is designated to “double count” in up to two additional categories drawn from the MTC, the Rural Studies (R) curricula, or the Regional Studies (S) curricula, then a student chooses only ONE of those categories from any single course, for the purposes of “double counting.”

Example: “Humanities (HUMT) 201: Origins of Western Civilization” satisfies requirements for the LAC, and for Critical Thinking (T) and Civic/Ethical Responsibility (C) in the MTC. A student who successfully completes HUMT 201 satisfies an LAC requirement, and also chooses whether the course has counted toward either the T or C category of the MTC. HUMT 201 cannot be used to satisfy both T and C.
 - There are a total of seven discipline categories where courses that are required in the LAC can also “double count” in either the MTC, Rural Studies (R), or Regional Studies (S):
 - Critical Thinking
 - Human Diversity
 - Global Perspective
 - Civic and Ethical Responsibility
 - People and the Environment
 - Rural Studies
 - Regional Studies
 - Students will take a total of 14 courses to meet the minimum credit requirements of the LAC.

If a student is to meet the LAC, MTC, and graduation requirements within the 47 credit minimum, then 7 of those 14 courses must be carefully chosen such that each of the MTC, R, and S requirements is met with an LAC course that “double counts.”
- If students take courses designated in the MTC, R, or S areas of study as part of the requirements for completing their majors, then the courses also “double count” in one of those areas.

LIBERAL ARTS CURRICULUM (LAC)

Specific Objective for SMSU's Liberal Arts Curriculum (LAC)

The objective of the Southwest Minnesota State University Liberal Arts Curriculum (LAC) is to expose the student to basic skills upon which all higher achievement and thought rest: to read, to communicate clearly, and to think objectively. The faculty at Southwest Minnesota State University has designed a curriculum that encourages critical and analytical thought which challenges the mind, body, and soul to develop intellectually, emotionally, socially, physically, and creatively. These requirements are a balance of traditional and classical study within a framework of electives and interdisciplinary course work.

Structure of LAC Disciplines, Courses, and Credit Requirements within Each Major Study Area

The objective of the LAC is implemented as students successfully earn semester credits in course work within five Major Areas of Study. The five major areas of study within SMSU's Liberal Arts Curriculum (LAC) are: Communication Skills, Mathematical/Logical Reasoning, Social Science, Humanities and Fine Arts, and Science.

Important Note: An LAC course can "double count" in Rural Studies and/or Regional Studies, or in the Minnesota Transfer Curriculum. If an LAC course counts in more than one major study area, then it will have up to two of the following single-letter designations, placed in parentheses (), following the name of the course: C, D, E, G, R, S, and/or T.

Key for the Code is:

- T = Critical Thinking**
- D = Human Diversity**
- G = Global Perspective**
- C = Civic/Ethical**
- E = People and the Environment**
- R = Rural Studies**
- S = Regional Studies**

If a course satisfies an LAC requirement, and if that course is designated to "double count" in up to two additional categories drawn from the Minnesota Transfer Curriculum, the Rural Studies (R) curricula, or the Regional Studies (S) curricula, then a student chooses only ONE of those categories from any single course, for the purposes of "double counting."

The structure of the disciplines and courses within the five major study areas that satisfy the SMSU's LAC are as shown in the following sections.

Communication Skills

(9 Semester Credits Total)

Disciplines: English, Speech Communication

- a) **English (6 Semester Credits)**
 - ENG 102 Rhetoric: The Essay
 - ENG 103 Rhetoric: Critical Writing
- b) **Speech Communication (3 Semester Credits)**
 - SPCH 110 Essentials of Speaking and Listening

Mathematical/Logical Reasoning

(3 Semester Credits Total)

Discipline: Mathematics

Mathematics (3 Semester Credits)

- MATH 101 Great Ideas of Mathematics
- MATH 103 Introduction to Mathematical Modeling
- MATH 110 College Algebra

- MATH 115 Finite Mathematics
- MATH 127 Concepts of Mathematics
- MATH 135 Pre-Calculus
- MATH 140 Calculus: A Short Course
- MATH 150 Calculus I

Social Science

(12 Semester Credits Total)

Disciplines: Anthropology, Economics, History, Indigenous Nations and Dakota Studies, Justice Administration, Political Science, Psychology, Rural and Regional Studies, and Sociology

a) **History (3 Semester Credits)**

Take one of the following:

- HIST 201 Rural World (**E, R, S**)
- HIST 210 World History in the 20th Century (**G**)
- HIST 221 Early America: History of the U.S. from Colonial Period to the Civil War (**C, D**)
- HIST 222 Modern America: History of the U.S. from 1865 to the Present (**C, D**)
- HIST 242 European Civilization I (**G**)
- HIST 243 European Civilization II (**G**)

b) **Anthropology, Economics, Indigenous Nations and Dakota Studies, Justice Administration, Political Science, Psychology, Rural & Regional Studies, and Sociology**

(9 Semester Credits; at least three credits must be taken from three different disciplines)

Anthropology

- ANTH 101 General Anthropology (**G**)
- ANTH 116 Cultural Anthropology (**G**)
- ANTH 120 Introduction to Ethnicity

Economics

- AGBU 190 The Environment and Economics (**E**)
- ECON 201 Principles of Microeconomics (**T**)
- ECON 202 Principles of Macroeconomics (**T**)

Indigenous Nations & Dakota Studies

- INDS 101 Introduction to Indigenous Nations & Dakota Studies (**D, R, S**)
- INDS 220 Difficult Dialogues: Breaking the Indigenous Stereotypes (**C, D**)

Justice Administration

- JUAD 144 Introduction to Justice and Society (**C, D**)

Political Science

- POL 117 Introduction to Government and Politics (**C, G**)
- POL 120 American National Government (**C**)
- POL 200 International Politics (**G, T**)
- POL 221 State Government (**R, S**)
- POL 252 Introduction to Comparative Politics (**G, T**)

Psychology

- PSYC 101 General Psychology (**T**)

Rural & Regional Studies

- RURL 101 Introduction to Geography (**R, S**)

Sociology

- SOCI 101 Introduction to Sociology (**D**)
- SOCI 102 Introduction to Sociology: Rural & Regional Perspective (**R, S**)

Humanities and Fine Arts (12 Semester Credits Total)

Disciplines: Literature, Humanities, Philosophy, Foreign Languages, Art, Music, Theatre, Dance

a) **Literature, Humanities, and Philosophy** (6 Semester Credits) (At least 3 credits taken from 2 different disciplines)

Literature

LIT 100 Literature: Human Diversity (**D**)
LIT 150 Literature: Global Perspective (**G**)
LIT 170 Literature: People & the Environment (**E, S**)
LIT 200 Literature: The Rural/Regional Experience
(**R, S**)

LIT 261 Novel (**T**)
LIT 262 Short Story (**T**)
LIT 263 Poetry (**T**)
LIT 264 World Drama: The Global Perspective (**G, T**)
LIT 265 Literature and Film (**T**)
LIT 310 Greek Myth and Literature (**T**)
LIT 324 Shakespeare: Tragedies (**T**)
LIT 325 Shakespeare: Comedies (**T**)
LIT 350 Western American Literature (**D, E**)

Humanities

HUMT 201 Humanities: Origins of Western Civilization (**C, T**)
HUMT 202 Humanities: European Middle Ages to
Renaissance (**C, T**)
HUMT 203 Humanities: Modern Western Civilization (**C, T**)
HUMT 211 Humanities: The Ancient World (**C, G**)
HUMT 212 Humanities: The Modern World (**C, G**)

Philosophy

PHIL 100 Philosophical Perspectives (**C, T**)
PHIL 101 Critical Thinking (**T**)
PHIL 103 Ethics (**C, T**)
PHIL 107 Environmental Ethics (**C, E**)

b) **Foreign Language or Art, Creative Writing, Dance, Music, or Theatre** (6 semester credits)

One of the following two options

Option 1: Two courses in a single Foreign Language,
OR

Option 2: At least three credits from two of the following disciplines:
Art, Creative Writing, Dance, Music, or Theatre

Option 1—Foreign Language

French

FREN 101 Beginning French I (**G**)
FREN 102 Beginning French II (**G**)
FREN 201 Intermediate French I (**G**)
FREN 202 Intermediate French II (**G**)

German

GER 101 Beginning German I
GER 102 Beginning German II
GER 201 Intermediate German I
GER 202 Intermediate German II

Spanish

SPAN 101 Beginning Spanish I (**G**)
SPAN 102 Beginning Spanish II (**G**)
SPAN 201 Intermediate Spanish I (**G**)
SPAN 202 Intermediate Spanish II (**G**)

Latin

FRLG 111 Beginning Latin I
FRLG 112 Beginning Latin II
FRLG 211 Latin III

FRLG 212 Latin IV

Option 2—Art, Music, Theatre, or Dance

Art
ART 100 Introduction to Art (**T**)
ART 102 Foundations of Art and Design 2D (**T**)
ART 103 Foundations of Art and Design 3D (**T**)
ART 150 Art History I
ART 208 Artists: Short Course
ART 250 Ancient Art History (**T**)
ART 251 Medieval Art History (**T**)
ART 255 American Art History (**T, S**)
ART 351 History of Graphic Design (**T**)

Creative Writing

ENG 107 Introduction to Creative Writing

Dance

PE 100 Introduction to Arts: Dance

Music

MUS 100 Introduction to Music
MUS 101 Survey of World Music
MUS 102 American Music (**R, S**)
MUS 103 So You “Wanna” Compose?
MUS 104 Popular Music

Theatre

THTR 100 Introduction to Theatre (**T**)
(Includes 15-hour lab component)

Science

(8 Semester Credits Total)

(All Science courses in the LAC must include a lab.)

Disciplines: Biology, Environmental Science, Chemistry, Physics

a) Select one, four-credit course (or a three-credit course with a one-credit lab) from the following Biological Science disciplines: *Biology, Environmental Science*

Biology

BIOL 100 Biology in the Modern World (**E, T**)
BIOL 200 Cell Biology

Environmental Science

ENVS 180 Environmental Science (**E, T**)

b) Select one, four-credit course (or a three-credit course with a one-credit lab) from the following Physical Science disciplines: *Chemistry, Environmental Science, Physics*

Chemistry

CHEM 110 Our Chemical World (**E**)
CHEM 111 Chemistry in our Daily Lives (**R**)
CHEM 121 Basic Chemistry
CHEM 231 General Chemistry (**E, T**)

Environmental Science

ENVS 100 Earth Science (**E**)
ENVS 101 Physical Geology (**E**)
ENVS 251 Basic Soil Science (**E, T**)

Physics

PHYS 100 Our Physical Universe (**T**)
PHYS 120 Introductory Physics (**T**)
PHYS 121 Introduction to Astronomy (**T**)
PHYS 141 College Physics I (**T**)
PHYS 181 University Physics I (**T**)

THE MINNESOTA TRANSFER CURRICULUM (MTC)

Statewide, there are a total of 10 major study areas within the Minnesota Transfer Curriculum. Five of these 10 areas are already part of SMSU's Liberal Arts Curriculum: Communication Skills, Mathematical/Logical Reasoning, Social Science, Humanities and Fine Arts, and Science. The remaining five MTC areas are:

- Critical Thinking (T)**
- Human Diversity (D)**
- Global Perspective (G)**
- Civic and Ethical Responsibility (C)**
- People and the Environment (E)**

Because of SMSU's unique position within Southwest Minnesota, there are also requirements in Rural Studies (R) and Regional Studies (S). The MTC, R, and S categories create a total of seven major study areas. Students can complete these seven study areas by either taking courses that "double count" with requirements in the Liberal Arts Curriculum, or students can simply take one of the non-Liberal Arts Curriculum courses that fall within a particular MTC, R, or S category.

A student can satisfy only ONE category of an MTC, R, or S requirement with a single course. For example, the course "Political Science (POL) 356: Politics of the Global Economy" has approved designations in the Global Perspective (G) and Critical Thinking (T) categories. If a student successfully completed POL 356, then the student would have to select whether the course was to count toward the G or the T category.

The structure of the disciplines and courses that satisfy SMSU's MTC, R, and S requirements are listed below. If a course also "double counts" in the Liberal Arts Curriculum, then the following designation will appear after the course title:

LAC = Liberal Arts Curriculum

Critical Thinking (T) (0 or 3 Semester Credits)

Note: If a course listed below is also included in SMSU's LAC, then the course "double counts," meaning that the course also satisfies the MTC requirement in Critical Thinking (T). Meeting this requirement need not increase a student's credit total.

Art

- ART 100 Introduction to Art (LAC)
- ART 102 Foundations of Art and Design 2D (LAC)
- ART 103 Foundations of Art and Design 3D (LAC)
- ART 250 Ancient Art History (LAC)
- ART 251 Medieval Art History (LAC)
- ART 255 American Art History (LAC)
- ART 351 History of Graphic Design (LAC)

Economics

- ECON 201 Microeconomics (LAC)
- ECON 202 Macroeconomics (LAC)

Humanities

- HUMT 201 Humanities: Origins of Western Civilization (LAC)
- HUMT 202 Humanities: European Middle Ages to Renaissance (LAC)
- HUMT 203 Humanities: Modern Western Civilization (LAC)

Literature

- LIT 261 Novel (LAC)
- LIT 262 Short Story (LAC)
- LIT 263 Poetry (LAC)
- LIT 264 World Drama: The Global Persp. (LAC)
- LIT 265 Literature and Film (LAC)

- LIT 310 Greek Myth and Literature (LAC)
- LIT 324 Shakespeare: Tragedies (LAC)
- LIT 325 Shakespeare: Comedies (LAC)
- LIT 375 Literature By and About Women

Mathematics

- MATH 151 Calculus II
- MATH 200 Introduction to Statistics
- MATH 210 Discrete Mathematics

Philosophy

- PHIL 100 Philosophical Perspectives (LAC)
- PHIL 101 Critical Thinking (LAC)
- PHIL 103 Ethics (LAC)
- PHIL 220 American Philosophy (or PHIL 320)

Political Science

- POL 200 International Politics (LAC)
- POL 252 Intro to Comparative Politics (LAC)
- POL 356 Politics of the Global Economy
- POL 370 Government and Politics of Western Europe

Psychology

- PSYC 101 General Psychology I (LAC)
- PSYC 201 Research Methods
- PSYC 250 Psychology of Women
- PSYC 341 Child and Adolescent Psychology

Science

BIOL 100 Biology in the Modern World (LAC)

- CHEM 231 General Chemistry (LAC)
- ENVS 180 Environmental Science (LAC)
- ENVS 251 Basic Soil Science (LAC)
- PHYS 100 Our Physical Universe (LAC)
- PHYS 120 Introductory Physics
- PHYS 121 Introduction to Astronomy (LAC)
- PHYS 141 College Physics I (LAC)
- PHYS 181 University Physics I (LAC)

Speech Communication

- SPCH 200 Small Group Communication
- SPCH 256 Argumentation and Debate
- SPCH 303 Advanced Public Speaking
- SPCH 310 Persuasion
- SPCH 410 Communication Analysis

Theatre

- THTR 100 Introduction to Theatre (LAC)
- THTR 101 Beginning Acting
- THTR 281 Acting in the Classroom
- THTR 340 Theatre History I
- THTR 341 Acting Techniques
- THTR 342 Advanced Acting
- THTR 440 Theatre History II

Human Diversity (D)

(0 or 3 Semester Credits)

Note: If a course listed below is also included in SMSU's LAC, then the course "double counts," meaning that the course also satisfies the MTC requirement in Human Diversity (D). Meeting this requirement need not increase a student's credit total.

Anthropology

- ANTH 316 Gender and Culture

Business Administration

- BADM 420 Diversity Management

Education

- ED 212 Human Relations

History

HIST 221 Early America: History of the U.S from Colonial Period to the Civil War (LAC)

HIST 222 Modern America: History of the U.S. from 1865 to the Present (LAC)

HIST 359 African American History

HIST 360 American Women's History

HIST 371 History of the American West

Indigenous Nations & Dakota Studies

INDS 101 Introduction to Indigenous Nations & Dakota Studies (LAC)

INDS 220 Difficult Dialogues: Breaking the Indigenous Stereotypes (LAC)

INDS 230 Dakota History and Culture

INDS 310 Indigenous Spirituality and World View

Justice Administration

JUAD 144 Introduction to Justice and Society (LAC)

Literature

LIT 100 Literature: Human Diversity (LAC)

LIT 335 African-American Literature

LIT 340 Sexuality and Gender in Literature

LIT 345 Chicano/a Literature

LIT 350 Western American Literature (LAC)

LIT 355 Native American Literature

LIT 375 Literature By and About Women

Sociology

SOCI 101 Introduction to Sociology (LAC)

SOCI 270 Gender Issues

SOCI 331 Minorities in American Society

Speech Communication

SPCH 230 Interpersonal and Cross-Cultural Communication

Theatre

THTR 440 Theatre History II

Wellness & Human Performance

PE 260 Women in Sport

Global Perspective (G)**(0 or 3 Semester Credits)**

Note: If a course listed below is also included in SMSU's LAC, then the course "double counts," meaning that the course also satisfies the MTC requirements in Global Perspective (G). Meeting this requirement need not increase a student's credit total.

Anthropology

ANTH 101 General Anthropology (LAC)

ANTH 116 Cultural Anthropology (LAC)

ANTH 316 Gender and Culture

Computer Science

COMP 265 Computers and Society

Foreign Languages

FREN 101 Beginning French I (LAC)

FREN 102 Beginning French II (LAC)

FREN 201 Intermediate French I (LAC)

FREN 202 Intermediate French II (LAC)

SPAN 101 Beginning Spanish I (LAC)

SPAN 102 Beginning Spanish II (LAC)

SPAN 201 Intermediate Spanish I (LAC)

SPAN 202 Intermediate Spanish II (LAC)

SPAN 311 Spanish Composition and Conversation

SPAN 312 Spanish Composition and Conversation

SPAN 321 Introduction to the Study of 20th Century Literary Movements

SPAN 341 Spanish Culture and Civilization

SPAN 342 Latin American Culture and Civilization

Global Studies

GLBL 199 Global Studies Seminar

History

HIST 210 World History in the 20th Century (LAC)

HIST 242 European Civilization I (LAC)

HIST 243 European Civilization II (LAC)

HIST 251 The Origins of Islamic Civilization

HIST 315 Mexico and Central America

HIST 316 South America and the Caribbean

Humanities

HUMT 211 Humanities: The Ancient World (LAC)

HUMT 212 Humanities: The Modern World (LAC)

Literature

LIT 150 Literature: Global Perspective (LAC)

LIT 264 World Drama: Global Perspective (LAC)

LIT 370 Contemporary World Literature

Political Science

POL 117 Introduction to Government and Politics (LAC)

POL 200 International Politics (LAC)

POL 252 Introduction to Comparative Politics (LAC)

POL 355 World Political Geography

POL 356 Politics of the Global Economy

POL 370 Government and Politics of Western Europe

POL 405 War and Peace

Psychology

PSYC 260 Cross-Cultural Psychology

Sociology

SOCI 270 Gender Issues

Civic and Ethical Responsibility (C)**(0 or 3 Semester Credits)**

Note: If a course listed below is also included in SMSU's LAC, then the course "double counts," meaning that the course also satisfies the MTC requirement in Civic and Ethical Responsibility (C). Meeting this requirement need not increase a student's credit total.

Agribusiness Management

AGBU 210 Introduction to Cooperatives

Computer Science

COMP 265 Computers and Society

History

HIST 221 Early America (LAC)

HIST 222 Modern America (LAC)

Humanities

HUMT 201 Humanities: Origins of Western Civilization (LAC)

HUMT 202 Humanities: European Middle Ages to Renaissance (LAC)

HUMT 203 Humanities: Modern Western Civilization (LAC)

HUMT 211 Humanities: The Ancient World (LAC)

HUMT 212 Humanities: The Modern World (LAC)

Indigenous Nations and Dakota Studies

INDS 220 Difficult Dialogues: Breaking the Indigenous Stereotypes (LAC)

Justice Administration

JUAD 144 Introduction to Justice and Society (LAC)

Philosophy

PHIL 100 Philosophical Perspectives (LAC)

PHIL 103 Ethics (LAC)

PHIL 107 Environmental Ethics (LAC)
PHIL 220 American Philosophy (or PHIL 320)

Political Science

POL 117 Introduction to Government and Politics (LAC)
POL 120 American National Government (LAC)
POL 227 The Judicial Process
POL 250 American Parties and Elections
POL 351 Constitutional Law II: Civil Liberties
POL 360 American Foreign Policy
POL 405 War and Peace

Speech Communication

SPCH 200 Small Group Communication
SPCH 330 Mass Media and Society

People and the Environment (E)

(0 or 3 Semester Credits)

Note: If a course listed below is also included in SMSU's LAC, then the course "double counts," meaning that the course also satisfies the MTC requirements in People and the Environment (E). Meeting this requirement need not increase a student's credit total.

Economics

AGBU 190 The Environment and Economics (LAC)

History

HIST 201 Rural World (LAC)
HIST 371 History of the American West

Literature

LIT 170 Literature: People and the Environment (LAC)
LIT 350 Western American Literature (LAC)

Philosophy

PHIL 107 Environmental Ethics (LAC)

Psychology

PSYC 244 Environmental Psychology

Rural/Regional Studies

RURL 271 Environmental History

Sciences

BIOL 100 Biology in the Modern World (LAC)
CHEM 110 Our Chemical World (LAC)
CHEM 231 General Chemistry (LAC)
ENVS 100 Earth Science (LAC)
ENVS 101 Physical Geology (LAC)
ENVS 180 Environmental Science (LAC)
ENVS 251 Basic Soil Science (LAC)

RURAL (R) STUDIES REQUIREMENTS

Background on Rural Studies

What is Rural Studies?

Rural Studies is an opportunity for students to:

- understand and appreciate their rural heritage and contemporary rural life;
- gain insights into present and future rural problems, and prospects for rural people; and
- appreciate, cultivate, and revitalize rural values for the sake of future generations.

Rural Studies (R)

(0 or 3 Semester Credits)

Note: If a course listed below is also included in SMSU's LAC, then the course "double counts," meaning that it also satisfies the requirements in Rural Studies (R). Meeting this requirement need not increase a student's

credit total. A course taken to fulfill the regional studies requirement cannot fulfill the rural requirement.

Agribusiness Management

AGBU 210 Introduction to Cooperatives

History

HIST 201 Rural World (LAC)

Indigenous Nations & Dakota Studies

INDS 101 Introduction to Indigenous Nations & Dakota Studies (LAC)
INDS 217 Indigenous Peoples of Minnesota
INDS 230 Dakota History and Culture
INDS 310 Indigenous Spirituality and World View

Literature

LIT 200 Literature: The Rural/Regional Experience (LAC)

Music

MUS 102 American Music (LAC)

Political Science

POL 221 State Government (LAC)
POL 324 Local and Rural Politics

Rural/Regional Studies

RURL 101 Introduction to Geography (LAC)
RURL 103 Introduction to Rural and Regional Studies
RURL 351 Cultural Landscapes

Science

CHEM 111 Chemistry in our Daily Lives (LAC)
ENVS 120 Regional Geography of the U.S. and Canada

Sociology

SOCI 102 Introduction to Sociology: Rural and Regional Perspective (LAC)
SOCI 135 Rural Society

ADDITIONAL GRADUATION REQUIREMENTS

Regional Studies (S) Requirements

(0 or 3 Semester Credits)

What is Regional Studies?

Regional Studies is an opportunity for students to:

- learn how "region" is a category of comprehension, analysis, and action,
- focus on the concept of region as a vital intellectual unit for understanding contemporary people, cultures, politics, economics, and environments, *and*
- reflect on southwest Minnesota and the larger Midwest to understand the meaning and significance of the changes occurring in the modern world.

Note: If a course listed below is also included in SMSU's LAC, then the course "double counts," meaning that the course also satisfies the requirements in Regional Studies (S). Meeting this requirement need not increase a student's credit total. A course taken to fulfill the rural studies requirement cannot fulfill the regional requirement.

Art

ART 255 American Art History (LAC)

History

HIST 201 The Rural World (LAC)
HIST 295 Minnesota History
HIST 359 African-American History

Indigenous Nations & Dakota Studies

INDS 101 Introduction to Indigenous Nations &

Dakota Studies (LAC)
 INDS 217 Indigenous Peoples Minnesota
 INDS 230 Dakota History and Culture
 INDS 310 Indigenous Spirituality and World View

Literature

LIT 170 Literature: People and the Environment (LAC)
 LIT 200 Literature: The Rural/Regional Experience (LAC)

Music

MUS 102 American Music (LAC)

Political Science

POL 221 State Government (LAC)
 POL 324 Local and Rural Politics

Rural/Regional Studies

RURL 101 Introduction to Geography (LAC)
 RURL 103 Introduction to Rural and Regional Studies
 RURL 351 Cultural Landscapes

Science

ENVS 120 Regional Geography of the U.S. and Canada

Sociology

SOCI 102 Intro. to Sociology: Rural and Regional Perspective (LAC)

Wellness and Health Requirements (W)

The knowledge and actual development of one's own personal health and wellness is an important complement to the purely academic pursuits in the Liberal Arts Core and Transfer Curriculum. The ancient Greek ideal of educating the whole individual, physically as well as mentally, is very applicable in our modern world. Study and participation in health and fitness education contributes to a positive state of physical, mental, and social well-being.

The Wellness and Health Graduation requirement is a total of three semester credits: students are required to complete a two-credit course from the Cognitive Domain of Wellness and Health, and a one-credit activity course from the Fitness Domain.

The structure of the domains and their associated courses that satisfy SMSU's Wellness and Health Requirement are listed below:

Cognitive Domain (2 Semester Credits)

Select one course (two credits each) from the following list:

HLTH 100 Personal Health and Wellness
 HLTH 112 Nutrition and Wellness
 HLTH 220 Stress and Wellness
 PE 249 Physical Fitness Concepts

Fitness Domain (1 Semester Credit)

Select one course (one credit each) from the following list:

PE 107 Walking for Wellness
 PE 109 Cross Training
 PE 135 Dancing for Fitness
 PE 139 Aerobics
 PE 149 Weight Training and Conditioning
 PE 152 (W) Basic Self Defense
 PE 154 Adapted Physical Education Activities
 PE 160 Flexibility Through Yoga
 PE 161 Swimmercize
 PE 170 Lifetime Fitness
 PE 171 Step Aerobics
 PE 177 Biking

Major Capstone Course Requirement (M)

Students aim to become very knowledgeable in a particular field of study when they select majors for their degrees. During a student's senior year, SMSU expects each student to take a capstone course where he/she demonstrates his/her mastery of the skills and knowledge in his/her own

major. Students are given the opportunity to integrate the material they have learned about their field throughout their college careers. Most major programs have their own capstone courses. Students should consult the section of this catalog associated with their majors to determine which course in their programs is the major capstone course. If a program does not have a major capstone course, then a student will take a general capstone course approved by the SMSU faculty. To obtain information on a general capstone course, a student should contact his/her academic advisor.

LIBERAL ARTS CORE/TRANSFER CURRICULUM DISTRIBUTION REQUIREMENTS FOR THE BACHELOR OF APPLIED SCIENCE

- 1) Matriculating students with an A.A.S. degree shall choose, in conjunction with their B.A.S. advisor, a minimum 22 semester credit hours from the Liberal Arts Curriculum/Minnesota Transfer Curriculum, Distribution Requirements for the Bachelor of Arts and Bachelor of Science. The Dean shall give final approval.
- 2) Matriculating students with an A.S. degree shall choose, in conjunction with their B.A.S. advisor, 12 semester credit hours from the Liberal Arts Curriculum/Minnesota Transfer Curriculum, Distribution Requirements for the Bachelor of Arts and Bachelor of Science. In addition, the A.S. degree student shall, in consultation with his/her academic advisor, choose 10 semester credit hours of electives. The Dean shall give final approval.