

Ways YOU can ACHIEVE SUCCESS



- ✓ Check your SMSU email daily. This is how faculty and staff will communicate with you.
- ✓ Keep informed of SMSU news and happenings by making SMSU Today your homepage: www.smsu.edu/today
- ✓ Become involved with at least one student activity, club, or intramural sport.
- ✓ Build a relationship with your academic advisor and meet multiple times throughout the semester (not just on Advising Day).
- ✓ Do not skip class and do not procrastinate.
- ✓ Make friends in class and form study groups outside of class.
- ✓ Review your syllabus to understand class expectations and deadlines.
- ✓ Know when your professors have open office hour times. This is a great way to get the individualized help you deserve.
- ✓ Eat healthy, get 8 hours of sleep a night, and exercise for ½ hour at least 3-5 times a week.
- ✓ Spend two hours outside of class studying for every hour in class.
- ✓ Surround yourself with positive role models and friends.
- ✓ Take notes that will help you understand the material that is being taught.
- ✓ Do ask questions in class if you are confused or need something clarified. Your professor is there to teach you and you are there to learn.
- ✓ Set personal and educational goals for yourself each semester.
- ✓ Seek help from college resources if you need assistance with your academic or personal life. Support services can be found in the *Resource Guide for Mustang Success*: www.smsu.edu/campuslife/studentssuccess/
- ✓ Learn how to make use of all the resources the McFarland Library has to offer. Questions? Ask a Librarian when you are in the library or through email, text, phone or chat.

