

Health (Grades 5–12)

Subtest 1 Sample Items

1. According to research, which of the following influences correlates most highly with an adolescent's choice to begin smoking?

- A. exposure to point-of-purchase cigarette advertising
- B. viewing films that depict smoking favorably
- C. reading magazines that contain cigarette advertising
- D. having one or more parents/guardians who smoke

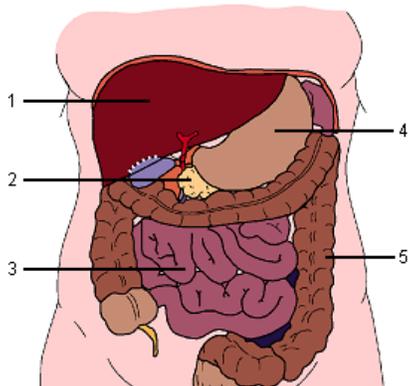
2. Which of the following diseases is most commonly transmitted through exposure to infectious blood or body fluids containing blood?

- A. influenza
- B. syphilis
- C. hepatitis B
- D. mononucleosis

3. Elena, a fifteen-year-old girl, has been dating Roger, a seventeen-year-old boy, for almost a year. Lately, Roger has been pressuring Elena to have sex. Elena has explained to Roger that she does not feel ready. She has also told Roger that if he continues to exert pressure, she will stop seeing him. One day, Roger and Elena are alone in Elena's house. Roger tells Elena that this is the perfect time for the two to have sex. In this situation, it is most important for Elena to:

- A. leave and go to a neighbor's house.
- B. find a middle ground that both Elena and Roger can agree on.
- C. practice assertive refusal skills.
- D. report the situation to a trusted adult.

Use the diagram below of the human digestive system to answer the two questions that follow.



4. Which of the following structures in the diagram is the liver?

- A. 1
- B. 2
- C. 3
- D. 4

5. Which of the following phrases best describes a primary function of the digestive structure labeled 5?

- A. absorbing nutrients through the villi
- B. secreting enzymes to aid in digestion of starches
- C. absorbing water from digested food
- D. breaking down fats and proteins in ingested food

Answer Key

Item Number	Correct Response	Subarea	Objective
1	D	I. Health Promotion and Risk Reduction	0002
2	C	I. Health Promotion and Risk Reduction	0003
3	C	I. Health Promotion and Risk Reduction	0004
4	A	II. Physical Health	0005
5	C	II. Physical Health	0005

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