

## Coaching Certificate (11-14 credits) and/or Coaching Minor (17-20 credits)

Course	Title	Credits	Semester
<b>Required Courses for both Coaching Certificate and Coaching Minor</b>			
HLTH 110	First Aid & Safety/ CPR	2	B, Su
PE 301L	Theory of Coaching Lab	2	B
PE 335	Theory of Coaching/ Teaching Strength and Conditioning	2	B
PE 392	Prevention & Care of Athletic Injuries <i>*Pre-Requisites: EXSC 100 or PE 285</i>	2	S
PE 482	Practicum in Coaching	1-4	B, Su
<b>Required Courses for Coaching Certificate and Coaching Minor</b>			
<b>Choose one of the Following Theory Courses:</b>			
PE 330	Theory of Coaching Baseball	2	fo
PE 331	Theory of Coaching Basketball	2	S
PE 333	Theory of Coaching Swimming & Diving	2	fe
PE 334	Theory of Coaching Football	2	S
PE 336	Theory of Coaching Softball	2	fe
PE 337	Theory of Coaching Volleyball	2	S
PE 338	Theory of Coaching Soccer	2	se
PE 348	Theory of Coaching Track & Field	2	S
PE 350	Theory of Coaching Wrestling	2	fo
<b>Total Credits: 11-14</b>			
<b>Required Courses for Coaching Minor</b>			
EXSC 225	Nutrition	3	B
<b>Choose one of the Following Options:</b>			
PE 488	Legal Aspects of Recreation & Sport	3	S
PSYC 301	Sport & Performance Psychology	3	B
<b>Total Credits: 17-20</b>			

Shaded courses are for both the Coaching Certificate and Coaching Minor

F = Fall; S = Spring; B = Both F & S; Su = Summer;

fo = fall odd; so = spring odd; fe = fall even; se = spring even

For example – fe = Fall 2026; so = Spring 2027; fo = Fall 2027; se = Spring 2028

**YOU ARE RESPONSIBLE TO KEEP INFORMED OF ANY CHANGES IN REQUIREMENTS WHICH MAY AFFECT YOUR ACADEMIC CAREER.**