

Coaching Minor (22-26 credits) and/or Coaching Certificate (16-19 credits)

Course	Title	Credits	Semester
Required Courses for both Coaching Certificate and Coaching Minor			
EXSC 100	Anatomical Kinesiology	3	B
EXSC 100L	Anatomical Kinesiology Lab	1	B
EXSC 300	Biomechanics of Human Motion	3	B
	<i>*Pre-Requisites: EXSC 100</i>		
PE 301	Theory of Coaching	3	B
PE 301L	Theory of Coaching Lab	2	B
PE 392	Prevention & Care of Athletic Injuries	2	S
	<i>*Pre-Requisites: EXSC 100 or PE 285</i>		
PE 482	Practicum in Coaching	1-4	B, Su
Required Courses for Coaching Certificate			
HLTH 110	First Aid & Safety/ CPR	2	B, Su
Choose one of the Following Theory Courses:			
PE 330	Theory of Coaching Baseball	2	fo
PE 331	Theory of Coaching Basketball	2	S
PE 333	Theory of Coaching Swimming & Diving	2	fe
PE 334	Theory of Coaching Football	2	S
PE 335	Theory of Coaching/ Teaching Strength and Conditioning	2	B
PE 336	Theory of Coaching Softball	2	fe
PE 337	Theory of Coaching Volleyball	2	S
PE 338	Theory of Coaching Soccer	2	se
PE 348	Theory of Coaching Track & Field	2	S
PE 350	Theory of Coaching Wrestling	2	fo
Total Credits: 16-19			
Required Courses for Coaching Minor			
PSYC 301	Sport & Performance Psychology	3	B
Choose one of the Following Options:			
PE XXX AND EXSC 350	Theory of Coaching AND Exercise Physiology	2 3	Varies F
	<i>*Pre-Requisite: EXSC 100</i>		
PE XXX	Theory of Coaching (Two Courses)	4	Varies
Total Credits: 22-26			

Shaded courses are for both the Coaching Certificate and Coaching Minor

F = Fall; S = Spring; B = Both F & S; Su = Summer;

fo = fall odd; so = spring odd; fe = fall even; se = spring even

For example – FE = Fall 2022; SO = Spring 2023; FO = Fall 2023; SE = Spring 2024

YOU ARE RESPONSIBLE TO KEEP INFORMED OF ANY CHANGES IN REQUIREMENTS WHICH MAY AFFECT YOUR ACADEMIC CAREER.

This information is provided for advising. Official curriculum is published in the SMSU academic catalog: www.SMSU.edu/catalog/
Students should refer to the online catalog or their DARS report for current curriculum. **This advising guide was updated: 9/5/2022.**