



**TRiO Upward Bound | SMSU 1501 State Street January 2022**

## Upcoming Events

Volunteer:

PackFood4Kids on January 17, 2022 from 10-12pm - Lunch will be provided!

Saturday Sessions:

Worthington – Business Crawl, rescheduled from December – January 8, 2022

MHS/YME – Budgeting, Personal Finance, and Financial Aid - January 15, 2022

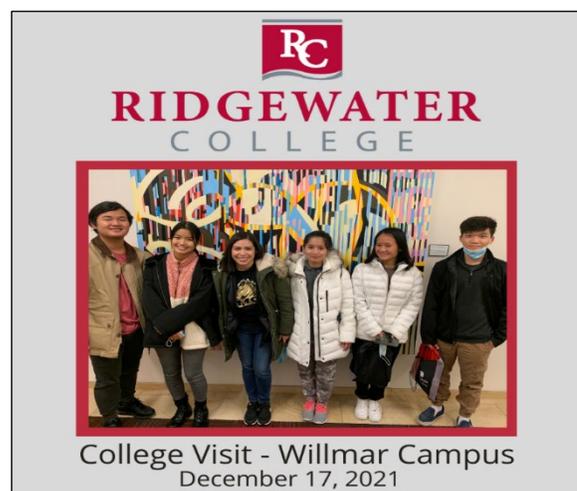


### MHS/YME December Saturday Session

Students from MHS and YME attended the December Saturday Session by touring the Lyon County Museum, discussed career planning by going over interview skills, soft skills, and resumes. The students also were able to enjoy ice cream from the Lyon County Museum's soda fountain! Lunch was provided at the Wooden Nickel.



A handful of MHS students attended a college visit to Ridgewater College, Willmar Campus on December 17, 2021. It was a day trip that included a tour of the college.



College Visit - Willmar Campus  
December 17, 2021



*"We will focus on the importance of "five wells". SMSU's Upward Bound students will be WELL read, WELL spoken, WELL traveled, WELL dressed and WELL balanced!"*

# CALLING ALL SENIORS!!

Due by  
January 15, 2022

Please fill out the Senior Spotlight questionnaire and send a photo so we can start creating your senior spotlight posts for Spring Semester.

Seniors who turn in their questionnaire first, will receive some fun Upward Bound prizes!

**JANUARY 17, 2022**  
VOLUNTEER OPPORTUNITY  
FOR UB STUDENTS

10:00 AM

Help pack food for 800 children

**PACKFOOD4KIDS**

12:00 PM

Volunteer opportunities look GREAT on a resume or college applications!

## Guest Editorial in The Globe by Peda Zeba

Peda Zeba wrote a guest editorial in The Globe, Worthington's newspaper, on December 15, 2021. They talked about the opportunities school has provided for them and how thankful they are for those opportunities.

### TRiO Upward Bound Staff Members



Director  
Amy Nemitz  
507-537-7376

[amy.nemitz@smsu.edu](mailto:amy.nemitz@smsu.edu)

Assistant to the Director

Marly Wagner  
507-537-7372

[marly.wagner@smsu.edu](mailto:marly.wagner@smsu.edu)

Academic Coordinator  
Aubrey Anderson  
507-537-6095

[aubrey.anderson@smsu.edu](mailto:aubrey.anderson@smsu.edu)

Paul Langseth  
500-360-5844

[paul.langseth@smsu.edu](mailto:paul.langseth@smsu.edu)

Administrative Assistant  
Jessica Kruk  
507-537-7380

[jessica.kruk@smsu.edu](mailto:jessica.kruk@smsu.edu)