

SOUTHWEST MINNESOTA STATE UNIVERSITY
MUSTANGS RETURN

HELP PREVENT THE SPREAD OF

COVID-19

WASH YOUR HANDS FREQUENTLY

1. WET WITH WATER

2. LATHER WITH SOAP

3. SCRUB FOR 20 SECONDS

4. RINSE WITH WATER

5. DRY WITH A CLEAN CLOTH OR AIR DRY

Frequent hand washing is a precautionary step to help slow the spread of COVID-19. While it doesn't guarantee you won't get sick, it does help!



www.SMSU.edu/mustangsreturn