

COMMUNITY RESOURCE LIST

FOOD

Southwest Health & Human Services

607 W Main St #200

Marshall MN 56258

507-537-6713

<http://www.swmhhs.com/>

- programs for financial support for food such as SNAP (Supplemental Nutrition Assistance Program)

Kitchen Table Food Shelf @ United Community Action Partnership

1400 S Saratoga St

Marshall MN 56258

507-537-1416

M 12:30pm-4:30pm, W 9:30am-4:30pm (10am-12pm Curbside Ordering), F 12:30pm-4:30pm

<https://www.unitedcapmn.org/services/community-family-services/food-assistance/>

- income-based food shelf

SMSU Mustang Market

1501 State St BA 154

Marshall MN 56258

<https://www.smsu.edu/campuslife/civicengagement/mustang-market.html>

- small food pantry

HOUSING

United Community Action Partnership

1400 S Saratoga St

Marshall MN 56258

507-537-1416

<https://unitedcapmn.org/>

TRANSPORTATION

UCAP Bus Services

507-537-7628

<https://www.unitedcapmn.org/services/transportation-program/community-transit/service-hours/>

- route buses free to SMSU students with student ID

Marshall Taxi

507-829-3055

<http://www.marshalltaxi.com>

- \$12 flat rate one way

MENTAL HEALTH

SMSU Mental Health Counseling Center

BA 156
507-537-7150
<https://www.smsu.edu/campuslife/mentalhealthcounselingcenter>

Western Mental Health Center (+ Psychiatry)

1212 E College Dr
Marshall MN 56258
507-532-3236
800-658-2429 (staffed 24 hours)
<http://www.wmhcinc.org/>

Avera Marshall Behavioral Health Center (+ Psychiatry)

300 S Bruce St
Marshall MN 56258
507-537-9318

Mantra Health

888-354-2952
mantrahealth.com/smsu

Suicide & Crisis Lifeline

Text or call **988**
Free confidential crisis counseling

SMSU University Public Safety

507-537-7252

Emergency

911

MEDICAL

SMSU Health Services

BA 158
507-537-7202
<http://www.smsu.edu/campuslife/healthservices/>

Avera Marshall Regional Medical Center

300 S Bruce St
Marshall MN 56258
507-532-9661
<http://www.avera.org/>

Access Health

1521 Carlson St
507-476-4800
<http://www.avera.org>

TRANSPORTATION

Marshall Community Transit Bus Services

800-992-1710
<https://www.unitedcapmn.org/programs/transportation/community-transit/>

Marshall Taxi

507-829-3055
www.marshalltaxi.com



MENTAL HEALTH COUNSELING CENTER

BA 156 | 507-537-7150
MentalHealth@SMSU.edu