MAYS YOU CAN

ACHIEVE SUCCESS

- √ Check your SMSU email daily. This is how faculty and staff will communicate with you.
- √ Keep informed of SMSU news and happenings by making SMSU Today your homepage: www.smsu.edu/today
- √ Become involved with at least one student activity, club, or intramural sport.
- √ Build a relationship with your academic advisor and meet multiple times throughout the semester (not just on Advising Day).
- √ Attend all classes and utilize time management skills to avoid procrastination.
- $\sqrt{}$ Make friends in class and form study groups outside of class.
- √ Review your syllabus to understand class expectations and deadlines.
- $\sqrt{}$ Opt in to receive text messages from SMSU in e-services.
- √ Know when your professors have open office hour times.

 This is a great way to get the individualized help you deserve.
- √ Eat healthy, get 8 hours of sleep a night, and exercise for ½ hour at least 3-5 times a week.
- √ Spend two hours outside of class studying for every hour in class.
- √ Surround yourself with positive role models and friends.
- $\sqrt{}$ Take notes that will help you understand the material that is being taught.
- √ Ask questions in class if you are confused or need something clarified. Your professor is there to teach you and you are there to learn.
- √ Set personal and educational goals for yourself each semester.
- √ Seek help from campus resources if you need assistance with your academic or personal life. Support services can be found in the Resource Guide for Mustang Success: www.smsu.edu/go/success
- √ Learn how to make use of all the resources the McFarland Library has to offer. Questions? Ask a Reference Librarian when you are in the library or through email, text, phone or chat.

QUESTION OR CONCERN? We're here to help!
Call 507-537-6484, stop by IL 224, or email Success@SMSU.edu









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