

Mustang Academic Plan

Program	Bachelor of Arts: Community Psychology and Health Promotion - ONLINE
Total Credits	120
Catalog	2020-2021

The plan below is **one** of several possible ways for you to complete this degree.
 Your individualized plan may look different if you have already fulfilled some requirements. Your Financial Aid Award may require additional term credits for full-time funding.

Curriculum	Course	Course Title	Credits	Take When	Total Credits
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1st Year: Fall 2020 – Spring 2021 **120.00**

Psychology Core:	MnTC Goal 05: History, Social & Behavioral Sci	PSYC101 General Psychology	3.00	1st Fall	15.00
Psychology Core:		PSYC120 Introduction to Community Psychology	2.00	1st Fall	
	MnTC Goal 01: Communication	ENG151 Academic Writing	4.00	1st Fall	
	LEP Grad Req:	LEP101 First Year Seminar	3.00	1st Fall	
	MnTC Goal 04: Math/Logical Reasoning	MATH 110 College Algebra	3.00	1st Fall	
	MnTC Goal 01: Communication	COMM110 Essentials of Speaking and Listening	3.00	1st Spring	16.00
	MnTC Goal 03: Natural Sciences		4.00	1st Spring	
	MnTC Goal 10: People and the Environment		3.00	1st Spring	
Choose one from the following courses: Developmental Psychology	See Below		3.00	1st Spring	
CPHP Elective:	See Below		3.00	1st Spring	

2nd Year: Fall 2021 – Spring 2022

Psychology Core:	PSYC200	Statistics for the Behavioral Sciences	3.00	2nd Fall	16.00
Psychology Core:	PSYC200L	Statistics for the Behavioral Sciences Lab	1.00	2nd Fall	
Psychology Core:	PSYC235	Abnormal Psychology	3.00	2nd Fall	
	MnTC Goal 01: Communication & Ethics/Prof. Writing elec.	ENG 351 Writing in Medical & Health Professions	3.00	2nd Fall	
	MnTC Goal 03: Natural Sciences		3.00	2nd Fall	
	MnTC Goal 06: The Humanities and Fine Arts		3.00	2nd Fall	
Psychology Core:	PSYC339	Positive Psychology	3.00	2nd Spring	15.00
	MnTC Goal 05: History, Social & Behavioral Sci		3.00	2nd Spring	
	MnTC Goal 06: The Humanities and Fine Arts		3.00	2nd Spring	
	MnTC Goal 07: Human Diversity	SOCI 331 Racial & Ethnic Relations or PSYC360 Cross Cultural Psychology	3.00	2nd Spring	
Choose one from the following courses: Health Promotion	See Below		3.00	2nd Spring	

3rd Year: Fall 2022 – Spring 2023

Psychology Core:	PSYC440	Advanced Health Psychology	3.00	3rd Fall	15.00
	MnTC Goal 08: Global Perspective		3.00	3rd Fall	
	MnTC Goal 05 & 09: Ethical & Civic Responsibility and CPHP Elective	SOCI 220 Social Problems	3.00	3rd Fall	
General Elective/Minor Courses:	Any level		6.00	3rd Fall	
Psychology Core:	PSYC400	Advanced Applied Psychology	3.00	3rd Spring	15.00
General Elective/Minor Courses:	Any level		6.00	3rd Spring	
General Elective/Minor Courses:	3XX-4XX		6.00	3rd Spring	

4th Year: Fall 2023 – Spring 2024

Psychology Core:	PSYC400	Advanced Applied Psychology	3.00	4th Fall	15.00
General Elective/Minor Courses:	3XX-4XX		12.00	4th Fall	
General Elective/Minor Courses:	Any level		9.00	4th Spring	13.00
General Elective/Minor Courses:	3XX-4XX		4.00	4th Spring	

Developmental Psychology: Choose one from the following list

Curriculum	Fall Offering	Spring Offering	Goals	Course	Course Title	Credits
Group 1	All Years			PSYC260	Developmental Psychology	3.00
Group 1		All Years		PSYC341	Child & Adolescent Psychology (summer)	3.00
Group 1	Dept. Discretion			PSYC343	Adult Development & Aging	3.00

Ethics/Professional Writing: Choose one from the following list

Curriculum	Fall Offering	Spring Offering	Goals	Course	Course Title	Credits
Group 2	All Years	All Years		ENGL351	Writing in Medical and Health Professions	3.00
Group 2	All Years	All Years		ENGL360	Scientific and Technical Writing	3.00
Group 2		All Years		PHIL303	Ethical Issues in Professional Life	3.00

Health Promotion: Choose one from the following list

Curriculum	Fall Offering	Spring Offering	Goals	Course	Course Title	Credits
Group 3	Even Years			COMM305	Principles of Health Communication	3.00
Group 3				HLTH370	Community Health and Health Promotion (summer)	3.00
Group 3		All Years		EXSC380	Community & Corporate Wellness and Health Promotion	3.00

Diversity: Choose one from the following list

Curriculum	Fall Offering	Spring Offering	Goals	Course	Course Title	Credits
Group 4		Even Years		HIST359	African American History	3.00
Group 4		All Years		INDS217	Indigenous Peoples of the Upper Midwest	3.00
Group 4				PSYC360	Cross Cultural Psychology (Summer only)	3.00
Group 4				SOCI212	Human Relations	3.00
Group 4		All Years		SOCI331	Racial & Ethnic Relations in America	3.00

CPHP Electives: Choose two from above or from the following list (6 credits)

Curriculum	Fall Offering	Spring Offering	Goals	Course	Course Title	Credits
Elective		All Years		COMM260	Media Writing	3.00
Elective	Dept. Discretion			JUAD385	Crime, Race, Poverty & Social Policy	3.00
Elective		All Years		MGMT333	Conflict Resolution	3.00
Elective	Even Years			MGMT450	Diversity Management	3.00
Elective	Odd Years			MGMT454	Labor Relations	3.00
Elective	All Years			PE300	Recreation Diversity & Leadership	3.00
Elective		All Years		PE360	Intro to Recreation, Parks & Community Ed.	3.00
Elective	Dept. Discretion	Dept. Discretion		POL340	Public Policy and Administration	3.00
Elective	All Years	All Years		PSYXXX	Any Psychology Course	1.00-3.00
Elective	All Years			SOCI220	Social Problems	3.00
Elective	Dept. Discretion	Dept. Discretion		SOCI310	Sociology of Aging	3.00
Elective	All Years			SWRK280	Substance Abuse and Addictive Behaviors	3.00