

SMSU WALKABOUT

Merriam-Webster

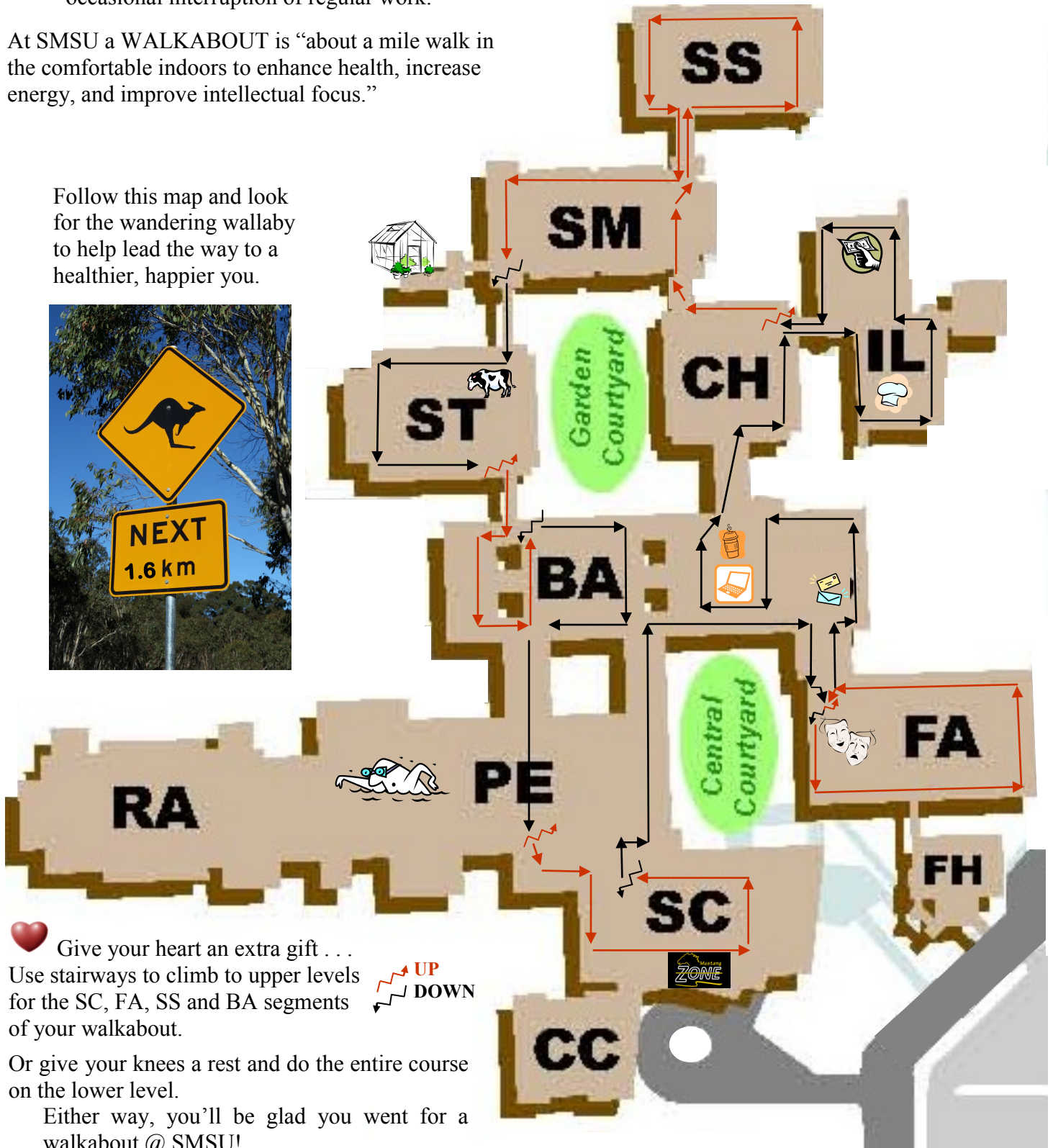
defines the noun WALKABOUT as "a short period of wandering bush life engaged in by an Australian aborigine as an occasional interruption of regular work."

At SMSU a WALKABOUT is "about a mile walk in the comfortable indoors to enhance health, increase energy, and improve intellectual focus."

Follow this map and look for the wandering wallaby to help lead the way to a healthier, happier you.



Indoor One-Mile Walking Path



♥ Give your heart an extra gift . . . Use stairways to climb to upper levels for the SC, FA, SS and BA segments of your walkabout.

Or give your knees a rest and do the entire course on the lower level.

Either way, you'll be glad you went for a walkabout @ SMSU!