

**ACADEMIC ADVISING:
Checklist of Co-Curricular, Applied Learning Experiences,
and Graduate Studies/Job Search Activities
SEMESTER _____**

As you consider experiences other than academic coursework, please note/discuss what you have done thus far and what do you anticipate doing in the upcoming semester(s).

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| <ul style="list-style-type: none"> <input type="checkbox"/> Applied Learning Experiences: <ul style="list-style-type: none"> ○ Internship(s) ○ Paid work experience ○ Practicum/Field Placement <input type="checkbox"/> Service-Learning/Volunteerism <input type="checkbox"/> Civic Engagement (other than service e.g., sitting on are non-for-profit boards, initiating grass roots change) <input type="checkbox"/> Student Club involvement <input type="checkbox"/> National, international/global studies experience(s) | <ul style="list-style-type: none"> <input type="checkbox"/> Leadership Experience(s) (e.g. Student Senate and other student leader roles) <input type="checkbox"/> Team-work: <ul style="list-style-type: none"> ○ Athletic involvement(s) ○ Group projects <input type="checkbox"/> Diversity related experiences (exp with grps that differ by race, ethnicity, gender, age, sexual orientation, etc.) <input type="checkbox"/> Undergraduate research/evaluation experiences <input type="checkbox"/> Practice with use of foreign language |
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Preparation for Graduate Studies

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| <ul style="list-style-type: none"> <input type="checkbox"/> Review materials available at the SMSU Career Development Center <input type="checkbox"/> Become familiar with GRE (including relevant timelines/prep materials) <input type="checkbox"/> Attend Psychology Program Annual Graduate Studies Panel <input type="checkbox"/> Contact SMSU graduates who are currently involved with graduate studies to gather program specific information <input type="checkbox"/> Create game plan for preparing for GRE, gathering letters of reference, reviewing prospective programs, gathering feedback on your letter of intent, etc. | <ul style="list-style-type: none"> <input type="checkbox"/> Attend professional conferences: <ul style="list-style-type: none"> ○ SMSU Undergraduate Research Conference ○ Regional Professional Conferences ○ National Professional Conferences <input type="checkbox"/> Present at professional conferences: <ul style="list-style-type: none"> ○ SMSU Undergraduate Research Conference ○ Regional Professional Conferences ○ National Professional Conferences <input type="checkbox"/> Work toward/maintain competitive GPA <input type="checkbox"/> Gain relevant applied, research, and other co-curricular experiences (see above) |
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General Career Development/Preparation for Job Search

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| <ul style="list-style-type: none"> <input type="checkbox"/> Gather relevant information from the SMSU Career Resource Center <input type="checkbox"/> Write/Update Resume <input type="checkbox"/> Attend Professions in Psychology Panel (when available) <input type="checkbox"/> Attend relevant job fairs | <ul style="list-style-type: none"> <input type="checkbox"/> Consider enhancing foreign language capacity (highly marketable skill) <input type="checkbox"/> Identifying current applied experiences and where you may have "gaps" in knowledge base and/or applied experience (How address this?) <input type="checkbox"/> Consider pursuing VISTA, Peace Corps or and other national/international positions for your first year out |
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Health/Wellness Considerations

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| <ul style="list-style-type: none"> <input type="checkbox"/> Coursework, paid work, co-curricular commitments balance | <ul style="list-style-type: none"> <input type="checkbox"/> Knowledge of SMSU support resources (e.g. Office of Student Success, Career/Counseling Center, Disability Resources) |
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ACADEMIC ADVISING:
Psychology Degree Completion Worksheet
(Fall 2015 – Summer 2019)

Fall 2015 Coursework	Spring 2016 Coursework
<input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____	<input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____
Summer 2016	
<input type="checkbox"/> _____ <input type="checkbox"/> _____	<input type="checkbox"/> _____ <input type="checkbox"/> _____
Fall 2016 Coursework	Spring 2017 Coursework
<input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____	<input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____
Summer 2017	
<input type="checkbox"/> _____ <input type="checkbox"/> _____	<input type="checkbox"/> _____ <input type="checkbox"/> _____
Fall 2017 Coursework	Spring 2018 Coursework
<input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____	<input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____
Summer 2018 Coursework	
<input type="checkbox"/> _____ <input type="checkbox"/> _____	<input type="checkbox"/> _____ <input type="checkbox"/> _____
Fall 2018 Coursework	Spring 2019 Coursework
<input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____	<input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____
Summer 2019 Coursework	
<input type="checkbox"/> _____ <input type="checkbox"/> _____	<input type="checkbox"/> _____ <input type="checkbox"/> _____