

COMMUNITY PSYCHOLOGY & HEALTH PROMOTION



WHAT IS COMMUNITY PSYCHOLOGY?

Community Psychology is an applied and inherently interdisciplinary subfield of Psychology that emphasizes community development, strengthening natural support systems, prevention programming, advocacy, and mental health education.

For more information, go to:

www.scra27.org/who-we-are/

MAKE A WISE
INVESTMENT.

EMPHASIS OF THE PROGRAM...

This program blends online coursework in community psychology and health promotion with internships and other applied learning experiences. Foundational coursework in psychology is coupled with upper division courses in positive psychology and health psychology, developmental psychology, ethics/writing, health promotion and diversity. The degree is multidisciplinary, focusing on: promotion of wellness and resilience, public health education, social action, cultural competency, ethical practice, and use of scientific inquiry to support the well-being of individuals and communities. An introductory course in community psychology orients students to relevant professions and provides support with overall career development.

Graduates of this program may find employment as health educators, program directors, consultants, community researchers, or with government agencies that promote public health and well-being. Students with this degree will also be well-prepared for graduate programs in community psychology, mental health counseling, or public health.

REQUIREMENTS FOR DEGREE COMPLETION:

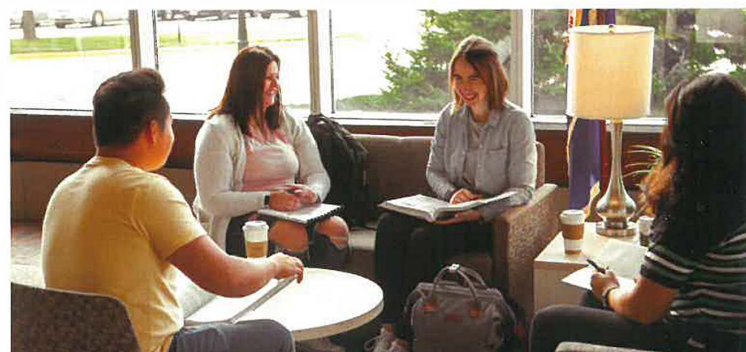
All students must complete a total of 120 credits, which must include completion of the following:

- Minnesota Transfer Curriculum (MnTC) consisting of 42 credits with a minimum GPA of 2.0
- 40 credits at the 300-400 level
- At least 30 credits at SMSU
- All Liberal Education Program (LEP) Graduation Requirements

HOW DOES SMSU MEET THE NEEDS OF THE WORKING PROFESSIONAL?

Southwest Minnesota State University Community Psychology & Health Promotion Program:

- Provides coursework leading to a Bachelor's degree that can be completed entirely online.
- Offers internships and other applied experiences in the student's own community.
- Provides ongoing career guidance and advising, helping students to intentionally build on previous professional experiences to create new career opportunities.
- Allows easy transfer of previous coursework and credit for prior learning.
- Allows students to complete coursework at their own pace, taking the amount of credits each semester that is manageable with other personal and professional responsibilities.



Courses Required in the Community Psychology & Health Promotion Program:

Community Psychology Core Courses (24 Cr.):

General Psychology
Intro to Community Psychology
Statistics for the Behavioral Sciences/Lab
Abnormal Psychology
Positive Psychology
Advanced Health Psychology
Advanced Applied Psychology (taken twice)

One course from each of the following areas (12 Cr.):

Developmental Psychology

Developmental Psychology
Child & Adolescent Psychology
Adult Development & Aging

Ethics/Professional Writing

Ethical Issues in Professional Life
Writing in the Medical and Health Professions
Scientific and Technical Writing

Health Promotion

Principles of Health Communication
Community Health and Health Promotion
Community & Corporate Wellness and Health Promotion

Diversity

Cross Cultural Psychology
Human Relations
Racial and Ethnic Relations
Diverse & At-Risk Populations
Indigenous Peoples of the Upper Midwest
African American History

Additional Electives (6 Cr.)

Total of 42 Credits to Complete the Major

Add a Minor or Certificate to your Community Psychology & Health Promotion Degree Plan!

- Health Communication (19 cr.)
- Healthcare Administration (15 cr.)
- Social Entrepreneurship (15 cr.)
- Sociology (21 cr.)
- Human Services (21 cr.)
- Sport & Performance Psychology (17 cr.)
- Many other options!

"This program is the first program with professors that have understood I am not the traditional student. While they hold me accountable to complete the work and meet the standards, they understand that I am human. This program is designed to be a completely online degree which is a huge plus for people like me, who have kids, work, and life in general. It is doable for the person who wants to go back to school but has other life obligations! I would 100 percent recommend and have already recommended this program to others. The wide range of materials this program covers prepares you to pursue many different career routes giving you lots of options upon completion. It ensures well-rounded concepts so that you are prepared for your career, life, and graduate school should you choose to further your education!"

Marissa Brown

Community Psychology & Health Promotion Student



PROGRAM HIGHLIGHTS

- Affordability! (no out-of-state tuition)
- Generous transfer scholarships available
- Emphasis on wellness and health promotion
- Interdisciplinary coursework
- All courses available online
- Easy transfer of previous psychology and health coursework
- Two supervised internship experiences
- Service learning options in several courses
- Individualized advising and career guidance
- Pathway to graduate study in psychology or public health

INTERNSHIPS & POSSIBLE CAREERS

Students work with a faculty advisor to locate internship experiences that fit their unique career development plans. Internships are supervised learning experiences that are intentionally structured to help make students competitive for entry level positions and/or for admittance to graduate studies programs. Sample entry level positions:

Community Health Promoter	Prevention Specialist
Health Promotion Specialist	Health Educator
Public Health Educator	Child Advocate
Health Services Manager	Project Director
Social & Human Service Assist.	Psychiatric Tech
Youth Services Specialist	Mental Health Practitioner



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CONTACT:

For more information about SMSU's Community Psychology and Health Promotion Program, please visit smsu.edu/online/communitypsych or call 507-537-6224.



Southwest Minnesota State University,
a member of Minnesota State